

学校推薦型選抜（公募）Ⅰ期 英語「基礎学力調査」

（1日目）

【1】次の(1)～(7)の（ ）の中に入れるのに最も適切なものを、それぞれ下の①～④の中から一つずつ選びなさい。

(1) The 10:20 train to New York will be leaving (). Please board now.

- ① late ② quickly ③ quietly ④ soon

(2) () more about your family. Do you have any siblings?

- ① Teach me ② Teach to me ③ Tell me ④ Tell to me

(3) She was very energetic () the other students in the class.

- ① comparing to ② compared to ③ comparison ④ in comparison

(4) This company's prices are () we have seen so far.

- ① lower ② lowest ③ the lower ④ the lowest

(5) Successful candidates () contacted by email next week.

- ① have been ② may ③ were ④ will be

(6) For () safety, please follow the instruction manual.

- ① your own ② yours ③ yourself ④ yourselves

(7) The uniform is required; you cannot participate in the contest ().

- ① through it ② throughout it ③ with it ④ without it

【2】 次の(8)～(12)の () の中に入れるのに最も適切なものを、それぞれ下の①～⑧の中から一つずつ選びなさい。

(8) () is a place where an event such as a concert or conference is held.

(9) () is a request for a job or membership to an organization.

(10) () is a room where a painter, photographer, or designer works.

(11) () is someone who teaches a skill such as dancing or skiing.

(12) () means practicing a dance or piece of music before a show.

① A performance

② A rehearsal

③ A representative

④ A studio

⑤ A venue

⑥ An application

⑦ An entrance

⑧ An instructor

【3】 次の(13)～(16)の () の中に入れるのに最も適切なものを、それぞれ下の①～④の中から一つずつ選びなさい。

(13) Tom: Could you help me move this metal case?

Jim: It looks really heavy.

Tom: ()

Jim: No, I think we can do it ourselves.

① It's 100 kilograms.

② I haven't moved it yet.

③ Should we get another person?

④ Would you like it?

(14) Customer: Excuse me, I'm looking for some running shoes.

Salesman: ()

Customer: Twenty-eight.

Salesman: Okay, we have a good selection in that range.

① Certainly. Do you know your size?

② No problem. May I ask your age?

③ Of course. How many kilometers can you run?

④ Yes, we have them. When do you need them by?

(15) Kate: So, what do you do?

Rick: ()

Kate: That sounds interesting.

Rick: It can be challenging, but I enjoy it.

① I love videogames.

② I don't like volunteering.

③ I went to school today.

④ I'm a software engineer.

(16) Mika: Have you ever worked in a restaurant before?

John: Yes, I have worked as a waiter for three years.

Mika: ()

John: No, but I like to cook at home.

① Are you hungry right now?

② Can you cook meals?

③ Have you worked in the kitchen?

④ Were three years enough?

【4】 次の英文を読み、(17)～(25)の問いに対する答えとして最も適切なものを、それぞれ下の①～④の中から一つずつ選びなさい。

1 Many people know the benefits of exercise, but have you ever tried a breathing
2 exercise? One method that has become popular in recent years was developed by
3 “The Iceman,” Wim Hof. He claims that his breathing method, along with cold
4 showers or ice baths, can reduce stress and leads to () mental and health
5 benefits. It is outlined in more detail below.

6 Preparation: (■ 1) The breathing method is pretty simple, and can be done
7 almost anywhere. (■ 2) Before you begin, lie down on the floor or on your bed.
8 (■ 3) You may want to wear loose clothing and turn off the lights so that you feel
9 relaxed and comfortable. (■ 4)

10 How to do it: To do the exercise, take a short, deep breath into your belly and
11 chest, then let the breath out naturally. Take 30 to 40 of these breaths at a quick
12 pace. After the last inhale, let the air out and hold your breath for about one minute.
13 Finally, take a deep breath in and hold it for about 15 seconds. Repeat these steps for
14 three to four rounds. Hof recommends practicing it daily.

15 Possible risks: While many people have experienced benefits with regular
16 practice, it is important to note that the exercise could have health risks if done
17 incorrectly. Since breathing exercises can make people feel light-headed, they should
18 not be done while driving a car, in the water, or in other dangerous places.
19 Additionally, people with health problems should talk to their doctors before trying
20 the Wim Hof method.

21 This breathing method may help you to relax and calm your mind. As with any
22 exercise, it is important to start slowly and take it easy. Remember, the goal is not to
23 () too hard, but rather to improve your health.

(17) 3行目の下線部の“claims”に代わる語として最も適切なものを選びなさい。

- ① answers ② complains ③ says ④ whispers

(18) 4行目の（ ）の中に入れるのに最も適切なものを選びなさい。

- ① a letter of ② a number of ③ a size of ④ a volume of

(19) 6行目の下線部の“pretty”に代わる語として最も適切なものを選びなさい。

- ① beautiful ② cute ③ extremely ④ fairly

(20) 第2段落で、以下の英文を追加するのに最も適切な場所（■）を選びなさい。

Another option to set the mood is playing soft music.

- ① (■ 1) ② (■ 2) ③ (■ 3) ④ (■ 4)

(21) 第3段落の情報をもとに、この呼吸法について考えられるものを選びなさい。

- ① One round can be completed in approximately twenty seconds.
② One round can be completed in approximately twenty minutes.
③ One round can be completed in approximately two minutes.
④ One round can be completed in approximately two hours.

(22) 17行目の下線部の“they”が指しているものを選びなさい。

- ① exercises ② people ③ places ④ risks

(23) 第4段落の情報をもとに、呼吸法の注意点について、最も適切なものを選びなさい。

- ① People who feel light-headed should talk to a doctor.
② People with health problems cannot practice this method.
③ This method is perfectly safe for anyone to practice.
④ This method should only be practiced in safe locations.

(24) 23 行目の () の中に入れるのに最も適切なものを選びなさい。

① kick yourself

② pull yourself

③ punch yourself

④ push yourself

(25) 本文に書かれている呼吸法について考えられるものを選びなさい。

① This method is complicated to learn, but is very useful.

② This method may help to reduce stress and promote health.

③ This method must be used with ice baths and cold showers.

④ This method takes a long time, but is very effective.

【解 答 例】

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〈英語〉

問No.	解答番号
1	4
2	3
3	2
4	4
5	4
6	1
7	4
8	5
9	6
10	4
11	8
12	2
13	3
14	1
15	4
16	3
17	3
18	2
19	4
20	4
21	3
22	1
23	4
24	4
25	2